



Abinash Lama

Poultry Processor

I am **Abinash Lama**, my date of birth is **2003-03-18**, and I was born in **Siraha, Nepal**.

I am a dedicated and hardworking individual with a strong commitment to delivering excellent results in the role of **Poultry Processor**.

In previous positions, I have successfully contributed to the overall success of the team. I believe in maintaining a friendly and professional demeanor and always strive to provide the best service possible. I am eager to bring my skills and experience to a new opportunity where I can continue to grow and make a positive impact. Whether working independently or as part of a team, I am committed to achieving excellence and supporting the goals of my employer.

Certifications

- No Certificates

IELTS & PTE

- IELTS Passed: no
- PTE Passed: yes
- PTE Level: 54

Education

- **Secondary Education Examinations (SEE)** at Srijana Secondary English Boarding School, Asanpur Golbazar (2009-2019)

- **National Examinations Board (NEB)** at Goldengate International Secondary School, Battisputali, Kathmandu (2020-2021)

Experience

- **Meat Processing Worker** at Afrin Fresh House (2023-present)

Cutting trimming and processing meat and poultry according to quality and hygiene standards., Performing butchering and poultry defeathering safely following industry procedures., Maintaining cleanliness and sanitation of tools, equipment and work areas., Inspecting meat products to ensure freshness safety and quality compliance., Following food safety hygiene and workplace health regulations at all times.

Skills

- Knowledge of food hygiene and safety standards
- Meat cutting and poultry processing
- Quality checking and attention to detail
- Safe handling of tools and equipment
- Teamwork and time management

Hobbies

- Cooking
- Listening Music
- Dancing
- Travelling

Driving License

- No