



# Muna Tamang

Agriculture worker

I am **Muna Tamang**, my date of birth is **19 Aug 1989**, and I was born in **Kavrepalanchok, Nepal**.

I am a dedicated and hardworking individual with a strong commitment to delivering excellent results in the role of **Agriculture worker**.

In previous positions, I have successfully contributed to the overall success of the team. I believe in maintaining a friendly and professional demeanor and always strive to provide the best service possible. I am eager to bring my skills and experience to a new opportunity where I can continue to grow and make a positive impact. Whether working independently or as part of a team, I am committed to achieving excellence and supporting the goals of my employer.

## Certifications

- No

## IELTS & PTE

- IELTS Passed: no
- PTE Passed: no

## Education

- **District Level Examination** at Shanti Niketan Secondary School, (2002 - 2012)

## Experience

- **Kitchen Helper and Cleaner** at Rosebud School, Buddhanagar (2024 - Present)
  - Cleaning the classrooms such as sweep, mop.
  - Empty trash bins and replace liners.
  - Assist with food preparation.
  - Wash dishes, utensils, and cookware.
  - Maintain cleanliness in kitchen areas.
  - Serve food to students and staff.
  - Sweeping and cleaning common areas.
  - Managing the kitchen waste disposal.
- **Farm Worker** at Self Employed ( Own Farm) (2013 - 2023)
  - Preparing land and planting crops for optimal yield
  - Monitoring crop growth and applying pest and disease control measures
  - Feeding, breeding, and maintaining livestock health
  - Maintaining and repairing farm equipment and infrastructure
  - Handling post-harvest processing and storage of produce
  - Managing sales, distribution, and financial aspects of the farm

## Skills

- Harvesting and packaging the vegetables
- Labelling
- Planting
- Seeding

## Hobbies

- Gardening
- Travelling
- Singing
- Cooking
- Dancing
- Listening Music

## Driving License

- No