



Ambika Kandel

Farm Worker

I am **Ambika Kandel**, my date of birth is **23 Mar 1984**, and I was born in **Bardiya, Nepal**.

I am a dedicated and hardworking individual with a strong commitment to delivering excellent results in the role of **Farm Worker**.

In previous positions, I have successfully contributed to the overall success of the team. I believe in maintaining a friendly and professional demeanor and always strive to provide the best service possible. I am eager to bring my skills and experience to a new opportunity where I can continue to grow and make a positive impact. Whether working independently or as part of a team, I am committed to achieving excellence and supporting the goals of my employer.

Education

- **School Leaving Certificate Examination** at Janata Higher Secondary School, Bardiya, Nepal (1990 - 2000)

Experience

- **Farm Worker** at COBREY FARMS, Coughton, Herefordshire, UK (03 May 2022 - 21 Oct 2022)

Harvesting vegetables and fruits at the correct time to ensure quality, Sorting and grading produce based on size & quality and ripeness, Packing and sorting harvested crops for transport to markets or processing plants, Ensuring that the produce is clean and ready for market, Reporting any quality issues to supervisors to address before distribution, Removing damaged or substandard produce to maintain quality standards.

- **Farm Worker** at COBREY FARMS, Coughton, Herefordshire, UK (25 Apr 2021 - 25 Oct 2021)

Harvesting vegetables and fruits at the correct time to ensure quality, Sorting and grading produce based on size & quality and ripeness, Packing and sorting harvested crops for transport to markets or processing plants, Ensuring that the produce is clean and ready for market, Reporting any quality issues to supervisors to address before distribution, Removing damaged or substandard produce to maintain quality standards.

- **Supermarket Worker** at Sales Berry Department Store, Kathmandu, Nepal (10 Jul 2013 - 30 Dec 2020)

Assist customers with locating and selecting Nepali food products, Restock and organize shelves and ensuring product visibility and proper labeling, Maintain store cleanliness and ensure a safe shopping environment, Set up promotional displays for Nepali food items, Resolve customer inquiries and complaints in a friendly manner, Ensure compliance with health and safety regulations.

Skills

- Harvesting Plants
- Operating Farm Equipment
- Packaging
- Performing Manual Labour
- Weighing

Hobbies

- Travelling
- Listening Music
- Reading Books

Driving License

- No