



Phurpa Sonam Lama

Poultry Processor

I am **Phurpa Sonam Lama**, my date of birth is **08 Dec 2000**, and I was born in **Dolakha**.

I am a dedicated and hardworking individual with a strong commitment to delivering excellent results in the role of **Poultry Processor**.

In previous positions, I have successfully contributed to the overall success of the team. I believe in maintaining a friendly and professional demeanor and always strive to provide the best service possible. I am eager to bring my skills and experience to a new opportunity where I can continue to grow and make a positive impact. Whether working independently or as part of a team, I am committed to achieving excellence and supporting the goals of my employer.

Education

- **School Leaving Certificate** at Morgan International Secondary School (2016-2018)
- **Secondary Education Examination** at Gyan Jyoti Academy (2006-2016)

Experience

- **Agriculture Worker** at Self Owned (2018-2021)

Crop Cultivation and Management, Harvesting and Post-Harvest Activities, Livestock Care and Management,

- **Meat Cutter** at Baluwatar Fresh Store (2022-2024)

Skillfully cutting trimming and preparing various types of meat, Keeping knives and cutting tools sharp and well-maintained, Inspecting meat for quality and freshness discarding any spoiled products, Properly packaging meat products for sale while adhering to hygiene standards, Assisting with the management of meat inventory including receiving and storing products, Helping customers answering questions and making recommendations on cuts of meat, Following health and safety regulations to ensure a clean and safe work environment,

Skills

- Cutting and Trimming Skills
- Equipment Operation and Customer Service
- Food Safety and Hygiene
- Knowledge of Meat Cuts
- Problem-Solving

Hobbies

- Travelling
- Playing Football
- Reading
- Writing
- Drawing

Driving License

- Yes, (K,B)